



ASD Goal And Brain
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**V Festival at the Foot of Mount Etna - III International Masters Meeting –
EMA League 2026 - Catania, Italy – Saturday, 27 June 2026**

V Festival alle Pendici dell'Etna
III International Meeting 2026 Catania
EMA LEAGUE 2026
Sabato 27 giugno 2026

TECHNICAL REGULATIONS

The **A.S.D. Goal And Brain**, in cooperation with **European Masters Athletics (EMA)** and under the authority of **FIDAL – Italian Athletics Federation (member of World Athletics)**, organises the **III International Masters Meeting – EMA League 2026**, held within the framework of the **V Festival at the Foot of Mount Etna**.

The competition will take place on **Saturday, 27 June 2026**, at the **“Campo Scuola di Picanello” Athletics Stadium**,

Via Grasso Finocchiaro, Catania – Italy.

1. ELIGIBILITY

The competition is open to:

- Athletes registered with **FIDAL-affiliated clubs**;
- Athletes registered with clubs affiliated to **World Athletics (WA)** through their national federations.

Athletes registered with foreign federations must submit, at the time of entry, a **self-declaration** confirming valid affiliation to a WA-recognised federation. The original signed declaration must be presented when collecting the bib.

Each athlete may compete in:

- **A maximum of two individual events**, or • **One individual event plus one relay event**.

Athletes competing in events of **1000 metres or longer (running or race walking)** may also enter one additional event, **excluding running, race walking or relay legs over 400 metres**.

2. ENTRIES

Entries must be submitted **no later than 22 June 2026 (24:00 CET)**:

- **Italian athletes:** via the official **FIDAL online entry system**;
- **Foreign athletes:** by e-mail to **valeriapugliese74@gmail.com**, **goalandbrain@gmail.com**, **ct675@fidal.it** Entries must include:
 - Full name
 - Date of birth
 - Nationality
 - Best seasonal performance

⚠ No entries will be accepted on the day of the competition or after the deadline.

3. ENTRY FEES

- **Masters – Individual events:** €18.00 per event (EMA League)
- **Masters – Relays:** €24.00 per relay

- **U16 (Cadetti/e):** €5.00 per event
- **U18 / Senior (M/F):** €8.00 per event

Payment method – Bank transfer:

Account holder: **A.S.D. Goal And Brain**

IBAN: **IT 74 F 01030 16900 000003202895**

BIC / SWIFT: **PASCITMMCAT**

Proof of payment must be sent to:

valeriapugliese74@gmail.com and **goalandbrain@gmail.com**

4. AWARDS

For Masters events, awards will be given to the athletes achieving the **three highest scores in each event**, calculated according to the official **scoring tables**.

5. TECHNICAL RULES

Lane allocation, field event order and trial sequence will be determined by the **Technical Delegate**, following confirmation of entries.

Athletes must confirm participation at the **TIC (Technical Information Centre) at least 60 minutes before their event**.

After confirmation, athletes must report **directly to the Call Room**, in accordance with the timetable, **without further announcements**.

Failure to comply will result in exclusion from the event.

Call Room deadlines:

- Track events: **20 minutes** before start
- Long Jump: **30 minutes** before start
- High Jump: **40 minutes** before start

Fully automatic **electronic timing** will be used for all track events.


In field events, Masters athletes are entitled to:

- **3 trials**, plus
- **3 additional final trials** for the **best six performances per age group**.

6. ORGANISATIONAL CONTACT

Technical & Organisational Coordinator

Gianfranco Belluomo

 +39 348 962 8608

7. COMPETITION PROGRAMME – MASTERS

Women Masters: 100m, 200 m, 400m, 1500m, 5000m, High Jump, Long Jump, shot put, 4x100, 4x400, 5000m Race Walk

Man Masters: 100m, 200m, 400m, 1500m, 5000m, high Jump, Long Jump, Shot put, 4x100, 4x400, 5000m Race Walk

8. ADDITIONAL EVENTS:

U16 (Cadetti/e): 80m, 1000m, marcia 5000 (boys) – marcia 3000 (girls)

U18 /Senior (M/F): 100m, 200m, 400m, 1500m, 5000m Race Walk, Long Jump

9 TIMETABLE

The official timetable will be published and may be subject to change.

CALL ROOM	ENTRY IN THE FIELD	Competition Timetable		
		09:30	Jury & Athletes' Meeting	
			Women	Men
		10:00	Long Jump – U18/ Senior	
		10:00	High Jump Master	
		10:00	800 Master &U18 /Senior	
		10:15		800 Master & U18 /senior
		10:30	1000 U16 girls	
		10:40		1000 U16 boys
		10:50	100 Master	
		10:50		High Jump Master
		11:00		100 Master
		11:10	100 U18/senior	
		11:15		Long Jump U18/senior
		11:20		100 U18/senior
		11:30	80 U16 girls	
		11:40		80 U16 boys
		15:00	Jury & Athletes' Meeting	
			Women	Men
		15:50	400 Master	
		16:00		400 Master

		16:10	400 U18/senior	
		16:20		400 U18/senior
		16:30	200 Master	
		16:40		200 Master
		16:50	200 U18/senior	
		17:00		200 U18/senior
		17:00	Long Jump Master	Long Jump Master
		17:15	1500 Master+ U18/senior	
		17:30		1500 Master+ U18/senior
		17:45	4x100 Master	
		17:55	Shot put	4x100 Master
		18:10	5000m race Walk Master+U18 /senior	5000m race Walk Master+U18 /senior
		18:50	3000 m race walk U16 girls	Shot Put
		19:10	4x400 Master	
		19:20		4x400 Master
		19:30	5000m Master	
		20:10		5000m Master

N.B. The final timetable and any changes will be communicated at the Jury and Athletes' Meeting at 09:30.

10. GENERAL RULES

For all matters not expressly covered by these regulations, the **World Athletics (WA)**, **World Masters Athletics (WMA)** and **FIDAL** Rules and Technical Regulations shall apply.

The Organising Committee shall not be liable for any injury, loss or damage to persons or property occurring **before, during or after** the competition.

11. PROTESTS

Protests must be submitted in accordance with **WA, WMA, FIDAL Rules and RTI Regulations**.

12. IMAGE RIGHTS

By entering the competition, athletes grant the Organising Committee the right to use any photographs, video or recordings taken during the event, **without compensation**, for promotional, institutional and commercial purposes, worldwide and for an unlimited period.

13. LIABILITY & DATA PROTECTION

By entering the competition, athletes declare that they have read and accepted these regulations and waive any claim against the Organising Committee for injury or damage.

Personal data will be processed in accordance with applicable data protection legislation, exclusively for purposes related to the organisation and historical archive of the event.